

This list is organized by resource type (Food Pantry, Sack Lunches, or Meals) and is subject to change without notice.

If you have information regarding new or updated information, please get in touch with us at [theecht@gmail.com](mailto:theecht@gmail.com).

### Alpine / Mountain Empire Food Resources

Updated June 10, 2021

#### Pantries/Distribution Sites

Site Name	Contact Information	Service Hours
Alpine First Baptist Church <i>Feeding San Diego Mobile Pantry</i>	(619) 445-2338	1 <sup>st</sup> & 3 <sup>rd</sup> Wednesdays 9:00 am-10:00 am Call to verify hours
Ministerio Tiempo Nuevo at Bethel Assembly of God	1929 Arnold Way Alpine, CA 91901	Thursdays 10:00 am-12:00 pm <i>SD Food Bank Super Pantry</i>
Boulevard <i>SD Food Bank Emergency Food Program</i>	3999 Ribbonwood Rd. Boulevard, CA 92105	2 <sup>nd</sup> Monday of each month 10:00 am-11:00 am
Backcountry Resource Center	39919 Ribbonwood Road Boulevard, CA 91905	2 <sup>nd</sup> Monday of each month 10:00 am-11:00 am Seniors (60+) Only
Descanso Feeding San Diego Mobile Pantry	(858) 452-3663 24536 Viejas Grade Rd. Descano, CA 91916	1 <sup>st</sup> & 3 <sup>rd</sup> Thursday of each month 10:00 am-11:00 am Call to verify hours
Jacumba <i>SD Food Bank Emergency Assistance Program</i>	(858) 452-3663 45612 Old Hwy. 80 Jacumba, CA 91934	2 <sup>nd</sup> Monday of each month 12:30 pm- 1:30 pm
Jacumba Highlands Senior Center	44681 Old Hwy 80 Jacumba, CA 91934	Seniors (60+) Only- 2 <sup>nd</sup> Monday of each month 12:30 pm- 1:30 pm
Jamul Community Church	(619) 669-7203 14058 Jamul Dr. Jamul, CA 91935	Thursdays 10:00 am-3:30 pm Closed holidays

Salvation Army at Guatay Christian Fellowship Church <i>SD Food Bank Emergency Assistance Program</i>	27521 Old Hwy 80 Guatay, CA 91931 Parking lot across from liquor store	2 <sup>nd</sup> Wednesday of each month 9:30 am-10:30 am
Lake Morena Community Church <i>SD Food Bank Emergency Assistance Program</i>	(619) 478-5917 29765 Oak Dr. Campo, CA 91906	2 <sup>nd</sup> Wednesday of each month 12:00 pm-1:00 pm
Mountain Health Community Center (Food Pantry, Feeding San Diego Mobile Pantry and Senior Meals)	(619) 478-2384 976 Sheridan Way Campo, CA 91906	Monday-Friday 8:30 am-5:00 pm Emergency Food Pantry  2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday 10:00 am-11:00 am Feeding San Diego Mobile Pantry  Wednesday, Thursday, Friday 12:00 pm Hot senior meals- Free over 60 \$5.00 under 60
Potrero Community Center Foundation <i>SD Food Bank Emergency Assistance Program</i>	24954 Potrero Valley Road Potrero, CA 91963 At junction with Broken Bone Lane	3 <sup>rd</sup> Tuesday of each month 10:00 am - 1:00 pm. and by appointment call (619) 587-2964

## La Mesa Food Resources

Updated March 23, 2022

### Pantries/Distribution Sites

Site Name	Contact Information	Service Hours
Crosspointe Life Church	(619) 464-3077 8809 La Mesa Blvd. La Mesa, CA 91942	Tuesdays and Thursdays 10:15 am-11:30 am 4th Saturday 9:00 am of each month Photo ID Required/ 2 bags with names on them
Journey Community Church	(619) 464-4544 8363 Center Dr. Suite 6C La Mesa, CA 91942	Food pantry on 1st Thursday at 6:00pm, 2nd Friday at 9:00am (produce only) 3rd Saturday at 8:30am 4th Thursday at 6:00pm (produce only), 2nd Friday at 9:00am Diaper distribution 2nd Friday and 3rd Saturdays 8:00am-10:00am Seniors only. <i>*Pantry closes when the line ends so arrive on time.</i>
La Mesa Dale Elementary	(619) 229-3660 4370 Parks Ave. La Mesa, CA 91941	3rd Tuesday of each month 9:00 am-11:00 am
La Mesa Seventh Day Adventist Community Church	(619) 461-5703 4207 Spring Gardens Dr. La Mesa, CA 91941	Monday, Tuesday, and Thursday 9:00 am-12:00 pm
La Mesa Spring Apartments	8070 Orange Ave. La Mesa, CA 91941	Seniors (60+) Only 2 <sup>nd</sup> Wednesday of each month 1:30 pm-3:00 pm
Word of Life Worship Center	(619) 271-8800 8691 Echo Dr. La Mesa, CA 91941	1st and 3rd Sunday after 10 am service

## Meals

Site Name	Contact Information	Service Hours
La Mesa First Methodist Church	(619) 466-4163 4690 Palm Ave. La Mesa, CA 91941	Last Saturday of each month (Breakfast) 9:00 am-12:00 pm Showers and clothing
Vista La Mesa Christian (Showers, Sack Lunch, hot breakfast, clothing)	(619) 463-9909 4210 Massachusetts Ave. La Mesa, CA 91941	2nd Saturday of each month 9:00 am-12:00 pm

## Spring Valley Food Resources

### Pantries/ Distribution Sites

Site Name	Contact Information	Service Hours
Faith Chapel	9400 Campo Rd. Spring Valley, CA 91977	3 <sup>rd</sup> Wednesday of each month 9:00 am until food is gone
Grace Covenant Church	(619) 807-1889 9140 Akard St. Spring Valley, CA 91977	Wednesdays 1:00 pm-3:00 pm
Heaven's Windows <i>Seasoned with Love, Child Nutrition, Hot Meals, Food Pantry</i>	(619) 825-8489 Goodland Acres County Park 8848 Troy St. Spring Valley, CA 91977  Joseph's Storehouse/Spring Valley Community Church 3334 Bancroft Dr. Spring Valley, CA 91977	Tuesdays—Friday 9:00am—12:00pm Closed Sundays and Mondays  Monday—Thursday 9:00am—12:00pm Diapers Available Closed Sundays and Mondays
New Seasons Church	(619) 825-8489 2300 Bancroft Dr. Spring Valley, CA 91977	4th Tuesday of each month 9:00 am-12:00 pm
New Life Baptist Church	9255 Lamar St. Spring Valley, CA 91977	3 <sup>rd</sup> Tuesday of the month 12:30 pm- 3:00 pm
Our Father's House of Worship- Personal Development Institute	(619) 472-3900 123 Worthington St. Ste. 204 Spring Valley, CA 91977	Every other Sunday- Call before arriving. Drive through pick-up

Santa Sophia Catholic Church	(619)463-6629 x225 9800 San Juan St. Spring Valley, CA 91977	Tuesday & Thursdays 9:30 am-11:00 am; Saturday 9:00 am-11:00 am
Spring Valley Community Church	(619)342-1414 3310 Bancroft Dr. Spring Valley, CA 91977	Thursday and Friday 9:00 am-12:00 pm; Before or after services Wednesday 6:00 pm-8:00 pm and Sunday 10:00 am-12:00 pm

### Meals

Site Name	Contact Information	Service Hours
Faith Chapel	(619)461-7451 9400 Campo Rd. Spring Valley, CA 91977	1st Sunday of each month 1:00 pm-3:00 pm
New Seasons Church	(619) 825-8489 2300 Bancroft Dr. Spring Valley, CA 91977	Wednesday 6:00 pm

### Santee Food Resources

Updated February 10, 2022

#### Pantries/ Distribution Sites

Site Name	Contact Information	Service Hours
Santee Food Bank Super Pantry	9715 Halberns Blvd. Santee, CA 92071 <a href="http://www.thesanteefoodbank.org/">http://www.thesanteefoodbank.org/</a>	Wednesday, Friday, and 1 <sup>st</sup> & 3 <sup>rd</sup> Saturday 8:00 am-12:00 pm
Guardian Angels Catholic Church	(619) 448-1213 9310 Dalehurst Rd. Santee, CA 92071	Monday-Friday 9:00am-5:00pm

### Lakeside Food Resources

#### Pantries/ Distribution Sites

Site Name	Contact Information	Service Hours
Lakeside Christian Helps Center	(619) 561-3488 9931 Channel Rd. Lakeside, CA 92040	Monday-Thursday 10:00 am-12:00 pm <i>SD Food Bank Emergency Food Assistance Program</i>
Villa Lake Shore Apartments MAAC Project	(619) 390-6448 or (619) 551-5529 12606 Lakeshore Dr. Lakeside, CA 92040	3 <sup>rd</sup> Tuesday 10:00 am until food is gone <i>SD Food Bank Emergency Food Assistance Program</i>

## El Cajon Food Resources

Updated September 6, 2023

### Pantries/ Distribution Sites

Site Name	Contact Information	Service Hours
Chase Elementary School	E Chase Ave. El Cajon, CA 9202	2nd & 4th Mondays 11:00 am-1:00 pm
Good Shepherd Bethlehem Food Pantry	(619) 442-9491 772 S. Johnson Ave. El Cajon, CA 92020	Saturday 8:00am – 10:00am Diapers- 2 <sup>nd</sup> & 4 <sup>th</sup> Saturdays only
East County Transitional Living Center	(619) 442-0457 1527 E Main St. El Cajon, CA 92021	Call ahead for an appointment
Crossline Church	(619) 440-1136 1280 N Johnson Ave #102 El Cajon, CA 92020	Monday, Wednesday 1:00 pm-3:00 pm Tuesday, Thursday 12:00 pm-2:00 pm Closed Friday
Holy Trinity	(619) 444-9425 405 Ballard St. El Cajon, CA 92019	Monday-Friday 10:00 am-11:00 am Proof of EC address required.
Johnson Elementary School <i>Feeding San Diego</i>	500 W Madison Ave. El Cajon, CA 92020	2nd & 4th Mondays 11:00 am-1:00 pm
Lexington Elementary School <i>Feeding San Diego</i>	1145 Redwood Ave. El Cajon, CA 92019	2nd & 4th Mondays 11:00 am-1:00 pm
Meridian Baptist Church	(619) 444-3171 660 3rd St. El Cajon, CA 92019	Thursdays- 3:45pm No showers currently

New Season's Church	990 Naranca Ave. El Cajon, CA 92021	Seniors (Age 60+) only—2 <sup>nd</sup> Thursday 9:00 am—12:00 pm
Our Lady of Grace	(619) 469-0061 2766 Navajo Rd. El Cajon, CA 92020	Monday-Friday 9:00 am-11:00 am
Salvation Army	(619) 440-4683 1025 E. Main St. El Cajon, CA 92021	<ul style="list-style-type: none"> <li>• Monday 1:00-4:00 pm</li> <li>• 1<sup>st</sup>, 2<sup>nd</sup>, 4<sup>th</sup> Wednesday 2:30-4:00 pm</li> <li>• 3<sup>rd</sup> Wednesday Commodities Only 9:00 am-12:00 pm</li> <li>• Friday 1:00-6:00 pm</li> <li>• Senior Meals Monday-Friday 11:00 am</li> <li>• Social Services - same hours as food pantry</li> </ul>
Seventh Day Adventist Church of El Cajon	(619) 444-0763 1630 E Madison Ave. El Cajon, CA 92019	Tuesday 4:00 pm-6:30 pm
St. Kieran's Church	(619)588-6881 1510 Greenfield Dr. El Cajon, CA 92021	Saturdays 10:00 am-11:30 am
Sustaining Grace Outreach Center, Inc.	(619) 401-4006 270 E. Douglas Ste. 102A El Cajon, CA 92020	Call ahead to pick up food currently.

### Sack Lunch

Site Name	Contact Information	Service Hours
Salvation Army	(619) 440-4683 1011 E Main St. El Cajon, CA 92021	Call for availability

### Meals

Site Name	Contact Information	Service Hours
Meridian Baptist Church	(619) 444-3171 660 3rd St. El Cajon, CA 92019	Wednesdays 5:30-6:30 pm Hot meal No showers currently
New Seasons Church	(619) 440-7597 990 Naranca Ave. El Cajon, CA 92021	Tuesday 5:45 pm-6:30 pm